# STAGES OF TRANSITION



#### STAGE 1: CRISIS/ ENDING

#### The work

- Accept the new change
- Let go of the past

#### STAGE 2: LIMBO

#### The work

- Wait Patiently
- Learn what you need to know & do

### STAGE 3: NEW START

## The work

- Just do it
- Engage

#### 8 MARK DEVOLDER



